## Mark Inglis the story so far



"You are 23 years old, trapped in an ice cave for 14 days by a sub-zero blizzard on the summit of New Zealands highest peak.

You are starving and freezing to death. You wake up in hospital to find that you have lost both legs below the knees due to frostbite.

What do you do next?

You climb Mount Everest, of course."



## 'The Mark Inglis story – so far'

Between losing his legs at 23 years old due to frostbite and then going on to be the only double amputee to have stood on the roof of the world, the summit of Mount Everest, Mark has carved out careers as a scientist, a world recognised winemaker, business innovator, trekking guide and a leading International Motivator.

A silver medal from the 2000 Paralympics joins all medals from the world of alpine skiing, wine and his ONZM for services to the Disabled.

Founding Trustee of Limbs4All Charitable Trust, patron of many charities and author of 5 books (2 for youth, both finalists in The NZ Book of the Year Awards) Mark was recently awarded a doctorate (*honoris causa*) in Natural Resources. Over the last 10 years Mark has presented to hundreds of thousands of people across the world, inspiring them to embrace challenge, to develop the attitude to excel.

It is this combination of achievement in the face of seemingly overwhelming odds and his ability to interpret this to a wide range of people resulted in the honour of being both a delegate and panellist at the UN partnered 2009 Global Creative Leadership Summit in New York and a regular presenter at TEDx events worldwide, all opportunities to share his experience and philosophy with world leaders.

Much of Mark's time currently is spent across Asia, consulting to the countries top executives, focusing on change, challenge and the role of attitude in business.









Mark leads treks to Nepal each year to raise funds and awareness for Limbs4All projects in Nepal and Cambodia.

Challenge and attitude is at the core of all growth, in our families, communities and businesses, Mark is the epitome of **Challenge and Attitude**.

As the only double amputee who has stood on the summit of Mt Everest, who else can truly define the often used saying, "Attitude determines your Altitude"

First and currently only double amputee to summit Mount Everest (15 May 2006).

Doctor Of Natural Resources, honoris causa

Officer of the NZ Order of Merit (ONZM)

Bachelor of Science, 1<sup>st</sup> Class Honours, Human Biochemistry

Founding Trustee of Limbs4All Charitable Trust

Adventure Plus Ambassador for Scouts NZ, Ambassador for Prostrate Cancer Foundation

Internationally awarded winemaker for 15 years and author of 5 books



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